

FANTASYPROS[®]

EXPERT ADVICE AND INNOVATIVE TOOLS FOR SEASON LONG DOMINATION.

2016 NFL DRAFT KIT



TABLE OF CONTENTS

CHEAT SHEETS

-  Standard League Cheat Sheet
-  PPR Cheat Sheet
-  Standard Auction Cheat Sheet
-  PPR Auction Cheat Sheet
-  2015 Target Leaders
-  2016 Strength of Schedule

DRAFT ADVICE & STRATEGY

-  10 Things Not to Repeat from Last Year's Draft (pg. 7-11)
-  5 Tips for Auction Drafts (pg. 12-16)
-  The ABC's of IDP (pg. 17-19)
-  10 Fantasy Football Commandments (pg. 20-22)

Quarterbacks		Running Backs		Running Backs (ctn'd)		Wide Receivers (ctn'd)	
Rk	Bye	Rk	Bye	Rk	Bye	Rk	Bye
1. Cam Newton - CAR	7	1. David Johnson - ARI	9	68. C.J. Spiller - NO	5	53. Michael Thomas - NO	5
2. Aaron Rodgers - GB	4	2. Todd Gurley - LA	8	69. Kenjon Barner - PHI	4	54. Rishard Matthews - TEN	13
3. Russell Wilson - SEA	5	3. Adrian Peterson - MIN	6	70. Mike Gillislee - BUF	10	55. Phillip Dorsett - IND	10
4. Andrew Luck - IND	10	4. Ezekiel Elliott - DAL	7	71. Chris Johnson - ARI	9	56. Laquon Treadwell - MIN	6
5. Drew Brees - NO	5	5. Lamar Miller - HOU	9	72. Andre Ellington - ARI	9	57. Bruce Ellington - SF	8
6. Ben Roethlisberger - PIT	8	6. Le'Veon Bell - PIT	8	73. Charcandrick West - KC	5	58. Tajae Sharpe - TEN	13
7. Carson Palmer - ARI	9	7. Jamaal Charles - KC	5	74. Josh Ferguson - IND	10	59. Tyler Boyd - CIN	9
8. Eli Manning - NYG	8	8. Devonta Freeman - ATL	11	75. Alfred Morris - DAL	7	60. Mike Wallace - BAL	8
9. Philip Rivers - SD	11	9. Mark Ingram - NO	5	76. Jonathan Williams - BUF	10	61. Pierre Garcon - WAS	9
10. Blake Bortles - JAC	5	10. LeSean McCoy - BUF	10	77. Kenyan Drake - MIA	8	62. Sammie Coates - PIT	8
11. Tom Brady - NE	9	11. Eddie Lacy - GB	4	78. Cameron Artis-Payne - CAR	7	63. Dorial Green-Beckham - PHI	4
12. Tyrod Taylor - BUF	10	12. Doug Martin - TB	6	79. Paul Perkins - NYG	8	64. Anquan Boldin - DET	10
13. Kirk Cousins - WAS	9	13. C.J. Anderson - DEN	11	80. Benny Cunningham - LA	8	65. Kendall Wright - TEN	13
14. Derek Carr - OAK	10	14. Latavius Murray - OAK	10			66. Chris Hogan - NE	9
15. Matthew Stafford - DET	10	15. Carlos Hyde - SF	8	Rk	Wide Receivers	Bye	Bye
16. Jameis Winston - TB	6	16. Matt Forte - NYJ	11	1. Antonio Brown - PIT	8	67. Josh Doctson - WAS	9
17. Andy Dalton - CIN	9	17. Danny Woodhead - SD	11	2. Julio Jones - ATL	11	68. William Fuller - HOU	9
18. Marcus Mariota - TEN	13	18. Thomas Rawls - SEA	5	3. Odell Beckham - NYG	8	69. Kenny Stills - MIA	8
19. Matt Ryan - ATL	11	19. DeMarco Murray - TEN	13	4. A.J. Green - CIN	9	70. Nelson Agholor - PHI	4
20. Ryan Fitzpatrick - NYJ	11	20. Giovani Bernard - CIN	9	5. DeAndre Hopkins - HOU	9	71. Terrance Williams - DAL	7
21. Ryan Tannehill - MIA	8	21. Duke Johnson - CLE	13	6. Allen Robinson - JAC	5	72. Jamison Crowder - WAS	9
22. Tony Romo - DAL	7	22. Ryan Mathews - PHI	4	7. Dez Bryant - DAL	7	73. Robert Woods - BUF	10
23. Joe Flacco - BAL	8	23. Jonathan Stewart - CAR	7	8. Keenan Allen - SD	11	74. Davante Adams - GB	4
24. Jay Cutler - CHI	9	24. Jeremy Langford - CHI	9	9. Brandon Marshall - NYJ	11	75. Andre Johnson - TEN	13
25. Alex Smith - KC	5	25. Jeremy Hill - CIN	9	10. Mike Evans - TB	6	76. Charles Johnson - MIN	6
26. Robert Griffin - CLE	13	26. Frank Gore - IND	10	11. Jordy Nelson - GB	4	77. Ted Ginn - CAR	7
27. Dak Prescott - DAL	7	27. Melvin Gordon - SD	11	12. Alshon Jeffery - CHI	9	78. Seth Roberts - OAK	10
28. Brock Osweiler - HOU	9	28. Arian Foster - MIA	8	13. Brandin Cooks - NO	5	79. Brandon LaFell - CIN	9
29. Teddy Bridgewater - MIN	6	29. Matt Jones - WAS	9	14. Amari Cooper - OAK	10	80. Breshad Perriman - BAL	8
30. Sam Bradford - PHI	4	30. Ameer Abdullah - DET	10	15. T.Y. Hilton - IND	10	81. Jermaine Kearse - SEA	5
31. Colin Kaepernick - SF	8	31. Rashad Jennings - NYG	8	16. Sammy Watkins - BUF	10	82. Jeff Janis - GB	4
32. Jimmy Garoppolo - NE	9	32. Charles Sims - TB	6	17. Demaryius Thomas - DEN	11	83. Danny Amendola - NE	9
33. Carson Wentz - PHI	4	33. Theo Riddick - DET	10	18. Jarvis Landry - MIA	8	84. Mike Thomas - LA	8
34. Trevor Siemian - DEN	11	34. Chris Ivory - JAC	5	19. Randall Cobb - GB	4	85. Kenny Britt - LA	8
35. Blaine Gabbert - SF	8	35. T.J. Yeldon - JAC	5	20. Julian Edelman - NE	9	86. Jaelen Strong - HOU	9
		36. Bilal Powell - NYJ	11	21. Jeremy Maclin - KC	5	87. Malcolm Mitchell - NE	9
Rk	Tight Ends	Bye	Bye	22. Golden Tate - DET	10	88. Eddie Royal - CHI	9
1. Rob Gronkowski - NE	9	37. DeAngelo Williams - PIT	8	23. Eric Decker - NYJ	11	89. Terrelle Pryor - CLE	13
2. Jordan Reed - WAS	9	38. Justin Forsett - BAL	8	24. Donte Moncrief - IND	10	90. James Jones - SD	11
3. Greg Olsen - CAR	7	39. James White - NE	9	25. Doug Baldwin - SEA	5		
4. Travis Kelce - KC	5	40. Jay Ajayi - MIA	8	26. Larry Fitzgerald - ARI	9	Rk	Team Defenses
5. Delanie Walker - TEN	13	41. Isaiah Crowell - CLE	13	27. Michael Floyd - ARI	9	Bye	Bye
6. Coby Fleener - NO	5	42. Derrick Henry - TEN	13	28. Jordan Matthews - PHI	4	1. Seattle Seahawks	5
7. Gary Barnidge - CLE	13	43. Dion Lewis - NE	9	29. Kelvin Benjamin - CAR	7	2. Denver Broncos	11
8. Zach Ertz - PHI	4	44. LeGarrette Blount - NE	9	30. Emmanuel Sanders - DEN	11	3. Arizona Cardinals	9
9. Julius Thomas - JAC	5	45. Tevin Coleman - ATL	11	31. Marvin Jones - DET	10	4. Houston Texans	7
10. Antonio Gates - SD	11	46. Darren Sproles - PHI	4	32. John Brown - ARI	9	5. Carolina Panthers	9
11. Tyler Eifert - CIN	9	47. Shane Vereen - NYG	8	33. Michael Crabtree - OAK	10	6. Los Angeles Rams	5
12. Dwayne Allen - IND	10	48. Chris Thompson - WAS	9	34. Tyler Lockett - SEA	5	7. New England Patriots	8
13. Martellus Bennett - NE	9	49. Jerick McKinnon - MIN	6	35. Allen Hurns - JAC	10	8. Kansas City Chiefs	9
14. Jason Witten - DAL	7	50. DeAndre Washington - OAK	10	36. DeVante Parker - MIA	8	9. New York Jets	6
15. Eric Ebron - DET	10	51. Kenneth Dixon - BAL	5	37. DeSean Jackson - WAS	9	10. Buffalo Bills	9
16. Zach Miller - CHI	9	52. Christine Michael - SEA	5	38. Sterling Shepard - NYG	8	11. Cincinnati Bengals	11
17. Jimmy Graham - SEA	5	53. C.J. Prosise - SEA	5	39. Josh Gordon - CLE	13	12. Minnesota Vikings	4
18. Charles Clay - BUF	10	54. Javorius Allen - BAL	8	40. Kevin White - CHI	9	13. Green Bay Packers	10
19. Ladarius Green - PIT	8	55. James Starks - GB	4	41. Willie Snead - NO	5		
20. Clive Walford - OAK	10	56. Devontae Booker - DEN	11	42. Corey Coleman - CLE	13	Rk	Kickers
21. Jared Cook - GB	4	57. Shaun Draughn - SF	8	43. Stefan Diggs - MIN	6	Bye	Bye
22. Vance McDonald - SF	8	58. Spencer Ware - KC	9	44. Tavon Austin - LA	8	1. Stephen Gostkowski - NE	9
23. Austin Seferian-Jenkins - TB	6	59. Jordan Howard - CHI	9	45. Kamar Aiken - BAL	8	2. Steven Hauschka - SEA	5
24. Will Tye - NYG	8	60. Darren McFadden - DAL	7	46. Torrey Smith - SF	8	3. Justin Tucker - BAL	8
25. Jordan Cameron - MIA	8	61. Karlos Williams -	4	47. Vincent Jackson - TB	6	4. Mason Crosby - GB	4
26. Kyle Rudolph - MIN	6	62. Wendell Smallwood - PHI	4	48. Travis Benjamin - SD	11	5. Chandler Catanzaro - ARI	9
27. Virgil Green - DEN	11	63. Tim Hightower - NO	5	49. Devin Funchess - CAR	7	6. Dan Bailey - DAL	7
28. Tyler Higbee - LA	8	64. Terrance West - BAL	8	50. Markus Wheaton - PIT	8	7. Graham Gano - CAR	7
29. Cameron Brate - TB	6	65. Reggie Bush - BUF	10	51. Steve Smith - BAL	8	8. Adam Vinatieri - IND	10
30. Richard Rodgers - GB	4	66. Lance Dunbar - DAL	7	52. Mohamed Sanu - ATL	11	9. Blair Walsh - MIN	6
		67. Ronnie Hillman - DEN	11			10. Brandon McManus - DEN	11
						11. Chris Boswell - PIT	8
						12. Cairo Santos - KC	5

Notes

Updated: Mon, August 29, 2016

Rankings and Scoring Based On:

1 QB, 2 RB, 3 WR, 1 TE, 1 K, 1 D/ST

1 pt per catch, 1 pt per 10 yds, 6 pts per TD rushing/reciving, 1 pt per 25 yds and 4 pts per TD passing

Running Backs			Wide Receivers			Wide Receivers (ctn'd)			Tight Ends		
Rk		Tgts	Rk		Tgts	Rk		Tgts	Rk		Tgts
1.	Danny Woodhead - SD	107	1.	Julio Jones - ATL	203	76.	Jarius Wright - MIN	50	1.	Delanie Walker - TEN	133
2.	Theo Riddick - DET	99	2.	Antonio Brown - PIT	193	77.	Devante Parker - MIA	50	2.	Gary Barnidge - CLE	125
3.	Devonta Freeman - ATL	97	3.	DeAndre Hopkins - HOU	192	78.	DeSean Jackson - WAS	49	3.	Greg Olsen - CAR	124
4.	Darren Sproles - PHI	83	4.	Demaryius Thomas - DEN	177	79.	Mohamed Sanu - ATL	49	4.	Rob Gronkowski - NE	120
5.	Shane Vereen - NYG	81	5.	Brandon Marshall - NYJ	173	80.	Brandon Coleman - NO	49	5.	Jordan Reed - WAS	114
6.	Duke Johnson - CLE	74	6.	Jarvis Landry - MIA	167	81.	Taylor Gabriel - CLE	48	6.	Zach Ertz - PHI	112
7.	Charles Sims - TB	70	7.	Odell Beckham Jr. - NYG	158	82.	Leonard Hankerson - BUF	46	7.	Benjamin Watson - BAL	110
8.	Giovani Bernard - CIN	66	8.	Allen Robinson - JAC	151	83.	Quincy Enunwa - NYJ	46	8.	Jason Witten - DAL	104
9.	Bilal Powell - NYJ	63	9.	Mike Evans - TB	148	84.	Jeremy Butler - BAL	44	9.	Travis Kelce - KC	103
10.	Javorius Allen - BAL	62	10.	Larry Fitzgerald - ARI	146	85.	Nelson Agholor - PHI	44	10.	Antonio Gates - SD	85
11.	Mark Ingram - NO	60	11.	Michael Crabtree - OAK	146	86.	Andrew Hawkins - CLE	43	11.	Richard Rodgers - GB	85
12.	Frank Gore - IND	58	12.	Emmanuel Sanders - DEN	137	87.	Ryan Grant - WAS	42	12.	Coby Fleener - NO	84
13.	Mark Forte - NYJ	58	13.	T.Y. Hilton - IND	134	88.	Josh Huff - PHI	40	13.	Jacob Tamme - ATL	81
14.	Lamar Miller - HOU	57	14.	Eric Decker - NYJ	132	89.	Adam Humphries - TB	40	14.	Martellus Bennett - NE	80
15.	David Johnson - ARI	57	15.	A.J. Green - CIN	132	90.	Darius Heyward-Bey - PIT	39	15.	Julius Thomas - JAC	80
16.	Kyle Juszczyk - BAL	56	16.	Amari Cooper - OAK	130	91.	Phillip Dorsett - IND	39	16.	Charles Clay - BUF	77
17.	DeMarco Murray - TEN	55	17.	Golden Tate - DET	129	92.	Keshawn Martin - NE	37	17.	Jared Cook - GB	75
18.	James White - NE	54	18.	Randall Cobb - GB	129	93.	Justin Hardy - ATL	36	18.	Jimmy Graham - SEA	74
19.	Darren McFadden - DAL	53	19.	Brandin Cooks - NO	129	94.	Rashad Greene - JAC	35	19.	Tyler Eifert - CIN	74
20.	James Starks - GB	53	20.	Jordan Matthews - PHI	128	95.	Josh Bellamy - CHI	34	20.	Kyle Rudolph - MIN	73
21.	Latavius Murray - OAK	53	21.	Kamar Aiken - BAL	127	96.	Marc Mariani - CHI	33	21.	Jordan Cameron - MIA	70
22.	LeSean McCoy - BUF	50	22.	Travis Benjamin - SD	125	97.	Andre Holmes - OAK	33	22.	Eric Ebron - DET	70
23.	Dion Lewis - NE	50	23.	Jeremy Maclin - KC	124	98.	Kenbrell Thompkins - NYJ	33	23.	Ladarius Green - PIT	63
24.	Chris Thompson - WAS	48	24.	Pierre Garcon - WAS	111	99.	Javonte Herndon - SD	33	24.	Will Tye - NYG	62
25.	DeAngelo Williams - PIT	47	25.	Donte Moncrief - IND	105	100.	Brian Quick - LA	32	25.	Clive Walford - OAK	50
26.	T.J. Yeldon - JAC	46	26.	Allen Hurns - JAC	105	101.	Marqise Lee - JAC	32	26.	Maxx Williams - BAL	48
27.	C.J. Spiller - NO	44	27.	Doug Baldwin - SEA	103	102.	Keith Mumphery - HOU	32	27.	Crockett Gilmore - BAL	47
28.	Doug Martin - TB	44	28.	Marvin Jones - DET	103	103.	Justin Hunter - TEN	31	28.	Zach Miller - CHI	46
29.	Jeremy Langford - CHI	42	29.	Willie Snead - NO	102	104.	Chris Conley - KC	31	29.	Vance McDonald - SF	46
30.	Justin Forsett - BAL	41	30.	John Brown - ARI	101	105.	Marlon Brown - BAL	30	30.	Mychal Rivera - OAK	46
31.	Dexter McCluster - TEN	41	31.	Ted Ginn - CAR	97	106.	Donteea Dye - TB	30	31.	Anthony Fasano - TEN	42
32.	Rashad Jennings - NYG	40	32.	Sammy Watkins - BUF	96	107.	Devin Smith - NYJ	28	32.	Larry Donnell - NYG	41
33.	Ameer Abdullah - DET	38	33.	Nate Washington - NE	94	108.	J.J. Nelson - ARI	27	33.	Lance Kendricks - LA	40
34.	Marcel Reece - OAK	37	34.	Alshon Jeffery - CHI	94	109.	Jeremy Kerley - DET	26	34.	Austin Seferian-Jenkins - TB	39
35.	Chris Ivory - JAC	37	35.	Davante Adams - GB	94	110.	Griff Whalen - MIA	26	35.	Mercedes Lewis - JAC	37
36.	Melvin Gordon - SD	37	36.	Terrance Williams - DAL	93	111.	Brice Butler - DAL	26	36.	Brent Celek - PHI	35
37.	Adrian Peterson - MIN	36	37.	Martavis Bryant - PIT	92	112.	Stedman Bailey - LA	25	37.	Ryan Griffin - HOU	34
38.	Benny Cunningham - LA	36	38.	Rueben Randle - PHI	90	113.	Nick Williams - ATL	25	38.	Jermaine Gresham - ARI	32
39.	C.J. Anderson - DEN	36	39.	Michael Floyd - ARI	89	114.	Chris Matthews - BAL	25	39.	Cameron Brate - TB	30
40.	Shaun Draughn - SF	35	40.	Keenan Allen - SD	89	115.	Bennie Fowler - DEN	25	40.	Josh Hill - NO	30
41.	Ronnie Hillman - DEN	35	41.	Julian Edelman - NE	88	116.	Jaelen Strong - HOU	24	41.	Dwayne Allen - IND	29
42.	Charcandrick West - KC	34	42.	Danny Amendola - NE	87	117.	Jaron Brown - ARI	23	42.	Garrett Celek - SF	28
43.	Jonathan Grimes - HOU	31	43.	Tavon Austin - LA	87	118.	Bradley Marquez - LA	22	43.	Darren Fells - ARI	28
44.	Jamaal Charles - KC	30	44.	Stefon Diggs - MIN	84	119.	Andre Roberts - WAS	21	44.	Ed Dickson - CAR	26
45.	Brandon Bolden - NE	30	45.	Robert Woods - BUF	80	120.	Aaron Dobson - NE	21	45.	Luke Willson - SEA	26
46.	Denard Robinson - JAC	30	46.	Markus Wheaton - PIT	79	121.	Darius Jennings - CLE	21	46.	Dion Sims - MIA	25
47.	Jerick McKinnon - MIN	29	47.	Jamison Crowder - WAS	78	122.	Myles White - NYG	20	47.	Blake Bell - SF	25
48.	Antonio Andrews - TEN	29	48.	Brian Hartline - CLE	77	123.	Jerome Simpson - SF	19	48.	C.J. Fiedorowicz - HOU	24
49.	Ryan Mathews - PHI	28	49.	Cecil Shorts - HOU	75	124.	Bruce Ellington - SF	19	49.	Nick Boyle - BAL	23
50.	Eddie Lacy - GB	28	50.	Cole Beasley - DAL	75	125.	Ty Montgomery - GB	19	50.	Derek Carrier - WAS	22
51.	Damien Williams - MIA	28	51.	Brandon LaFell - CIN	74	126.	Louis Murphy - TB	18	51.	Cooper Helfet - SEA	22
52.	Le'Veon Bell - PIT	26	52.	Steve Smith - BAL	73	127.	TJ Jones - DET	18	52.	Clay Harbor - NE	20
53.	Todd Gurley - LA	26	53.	Kenny Britt - LA	72	128.	Adam Thielen - MIN	18	53.	Chris Gragg - BUF	20
54.	Matt Jones - WAS	25	54.	Mike Wallace - BAL	72	129.	Jared Abbrederis - GB	16	54.	Garrett Graham - DEN	19
55.	Andre Ellington - ARI	24	55.	Dez Bryant - DAL	72	130.	Jerome Cunningham - NYG	16	55.	Rhett Ellison - MIN	19
56.	De'Anthony Thomas - KC	24	56.	Harry Douglas - TEN	72	131.	Cameron Meredith - CHI	16	56.	Brandon Myers - TB	17
57.	Mike Tolbert - CAR	23	57.	Tyler Lockett - SEA	69	132.	Jeremy Ross - NYJ	14	57.	Craig Stevens - TEN	16
58.	Lance Dunbar - DAL	23	58.	Dorial Green-Beckham - TEN	67	133.	Charles Johnson - MIN	13	58.	Michael Hoomanawanui - NO	16
59.	Bishop Sankey - TEN	23	59.	Steve Johnson - SD	65	134.	Devin Street - DAL	13	59.	Jim Dray - BUF	16
60.	Travaris Cadet - NO	22	60.	Kenny Stills - MIA	63	135.	Rashad Ross - WAS	13	60.	Tim Wright - DET	16
61.	Matt Asiata - MIN	22	61.	Dontrelle Inman - SD	63	136.	Cody Latimer - DEN	12	61.	MyCole Pruitt - MIN	16
62.	Isaiah Crowell - CLE	22	62.	Devin Funchess - CAR	63	137.	Jeff Janis - GB	12	62.	Brandon Pettigrew - DET	15
63.	Jonathan Stewart - CAR	21	63.	Vincent Jackson - TB	62	138.	Brenton Bersin - CAR	11	63.	Virgil Green - DEN	15
64.	Tre Mason - LA	21	64.	Torrey Smith - SF	62	139.	Daniel Brown - BAL	11	64.	Tyler Kroft - CIN	15
65.	Khiry Robinson - NYJ	20	65.	Rishard Matthews - TEN	61	140.	Marlon Moore - CLE	10	65.	James Hanna - DAL	14
66.	Jeremy Hill - CIN	19	66.	Kendall Wright - TEN	60	141.	Russell Shepard - TB	9	66.	Jack Doyle - IND	14
67.	Patrick DiMarco - ATL	17	67.	Chris Hogan - NE	59	142.	Corey Fuller - DET	9	67.	Luke Stocker - TB	13
68.	Roy Helu - OAK	16	68.	Dwayne Harris - NYG	57	143.	Lucky Whitehead - DAL	8	68.	Lee Smith - OAK	13
69.	Alfred Blue - HOU	16	69.	Quinton Patton - SF	57	144.	Michael Campanaro - BAL	6	69.	Gavin Escobar - DAL	13
70.	Rex Burkhead - CIN	15	70.	Albert Wilson - KC	57	145.	Darren Waller - BAL	6	70.	Justin Perillo - GB	13
71.	Fozzy Whittaker - CAR	15	71.	Seth Roberts - OAK	55	146.	Tyrell Williams - SD	6	71.	Levine Toilolo - ATL	12
72.	Carlos Hyde - SF	15	72.	Chris Givens - PHI	54	147.	Greg Salas - BUF	5	72.	Kellen Davis - NYJ	11
73.	Branden Oliver - SD	15	73.	Philly Brown - CAR	54	148.	Kevin Smith - SEA	5	73.	Demetrius Harris - KC	11
74.	Bruce Miller - SF	14	74.	Marquess Wilson - CHI	51	149.	T.J. Graham - PHI	4	74.	Jesse James - PIT	11
75.	Karlos Williams - BUF	14	75.	Eddie Royal - CHI	50	150.	Jonathan Krause - PHI	4	75.	James O'Shaughnessy - KC	9

Team	Bye Week	Quarterback	Running Back	Wide Receiver	Tight End
Arizona Cardinals	9	27	13	16	21
Atlanta Falcons	11	16	12	23	11
Baltimore Ravens	8	4	18	4	24
Buffalo Bills	10	23	28	9	26
Carolina Panthers	7	15	7	28	2
Chicago Bears	9	5	6	10	14
Cincinnati Bengals	9	6	27	2	29
Cleveland Browns	13	11	24	5	28
Dallas Cowboys	7	1	5	3	19
Denver Broncos	11	14	14	17	13
Detroit Lions	10	2	4	14	8
Green Bay Packers	4	7	10	25	4
Houston Texans	9	13	23	19	5
Indianapolis Colts	10	17	31	27	9
Jacksonville Jaguars	5	22	29	21	17
Kansas City Chiefs	5	18	19	29	1
Los Angeles Rams	8	24	16	18	10
Miami Dolphins	8	25	32	8	27
Minnesota Vikings	6	8	8	20	12
New England Patriots	9	31	30	12	30
New Orleans Saints	5	32	15	31	6
New York Giants	8	3	3	7	25
New York Jets	11	28	25	6	31
Oakland Raiders	10	26	21	26	18
Philadelphia Eagles	4	12	17	15	16
Pittsburgh Steelers	8	10	22	1	32
San Diego Chargers	11	19	20	22	7
San Francisco 49ers	8	29	26	30	20
Seattle Seahawks	5	20	1	13	23
Tampa Bay Buccaneers	6	30	2	32	3
Tennessee Titans	13	21	11	24	15
Washington Redskins	9	9	9	11	22

SOS Rankings are based on fantasy points allowed by each of a team's opponents last season (standard scoring).
 Rank #1 = Easiest Schedule

10 THINGS NOT TO REPEAT FROM LAST YEAR'S DRAFT

By: Dan Harris (@danharris80)

10 things not to repeat from last year's draft. Well, shoot. That's not the easiest task for me.

No no, don't get me wrong. It's not that I can't think of 10 mistakes I made during last year's draft. It's the narrowing it down part that makes it tough.

Failing to watch "Rocky IV" before the draft? I guess that one won't make the cut (but that's a big one; it's really egregious). Not checking to make sure my power cord isn't frayed before the draft?

Hmm, yeah, that's good, but whatever. Drafting defenses before the second to last round? Oooh, we're close.

Look, I've been doing fantasy football drafts for almost 15 years at this point. But man, I never get through draft season without making a handful of mistakes, every year. And lucky for us, last year was chock full of them (including the three I mentioned above. Seriously not "Rocky III" and "Rocky IV"). So, let's jump right in. Here are 10 things not to repeat from last year's draft.

1. Not putting your own rankings in the draft room

Have you ever gone into a draft room and around three rounds in you're thinking, "Where are all the good players?" I'm not judging (well, I am judging, but I'm not naming), but I seriously don't get how some sites come up with their rankings for the draft room.

Last year, one of my leagues switched to a different hosting website and, like a dummy, I didn't check the rankings before Draft Day. By the fourth round, I was totally lost. Everyone left in the rankings seemed terrible!

That is, of course, until the seventh or eighth round came around, and all the players I would have liked to draft four rounds earlier showed up and were drafted before my spot!

No matter how well you know fantasy football, it's nearly impossible to be thinking about players who you should be drafting in the middle rounds unless you actually see their names. And you don't have time to go scrolling down to player 200 to remember that Allen Robinson still exists.

So, do yourself a favor and put in your own rankings before the draft. They don't have to be your own personal rankings, but if you're comfortable with a site or an expert, just put

its or his rankings in as yours. That will at least make you feel confident that you'll have a general sense of who should be going where, instead of the draft rankings suggesting you take your kicker in the ninth round.

Of course, a great place to start is our very own expert consensus rankings and cheat sheets.

2. Getting sucked in by preseason performances

I'm a huge Jets fan, and I was watching the first game of the season when Ameer Abdullah made our vaunted defense look like it was standing still. The spin moves, the quick cuts, the 67 yards on seven carries. There was no way that Joique Bell or Theo Riddick was going to prevent this kid from putting up huge numbers in what should have been a high-octane offense.

So, when the fourth round came along, and knowing my league and the owners' affection for young players, I decided to jump on Abdullah. We all know how that turned out. If you don't, I'll tell you. Not good. Not good at all.

Preseason is important for position battles. You might learn a new name or two that could be useful. Mostly, you want players you like to avoid. It is not important for breakout performances from exciting new toys, especially in the FIRST preseason game. Don't get sucked in. Or, if you do, don't do it until the seventh round or so.

3. Failing to check for news the day of the draft

This one is a little embarrassing, but, in my defense . . . no, there is no defense. I just blew it. One of my drafts is way too early, and we drafted right after the first preseason games. I didn't watch them, and was tied up for most of the day of my draft, and didn't check the news. So, I missed Julius Thomas' fractured hand in the Jaguars' preseason opener and drafted him too high. I didn't even want him!

Blech. Just follow [@NFLInjuryNws](#) (that's not a typo) on Twitter or check a sports or fantasy website 10 minutes before the draft. It will save you some embarrassment.

4. Trust your gut

You know who I really loved last year? Antonio Brown. You know who I liked just a little more than that? Eddie Lacy. You know who I drafted in the fourth spot in one of my leagues? Well, Jamaal Charles. But do you know who I drafted in the fourth spot in my OTHER league?

Right, you guessed it. Lacy. Brown went with the next pick. I just couldn't bring myself to draft Brown over Lacy despite preferring Brown. Most of the rankings I trust had Lacy ahead. My buddies all had Lacy ahead. So, when push came to shove, I just couldn't go with my preference.

Still, after all these years, some dopey fear of having my league mates question my pick or feeling like I'll kick myself if I go against the rankings caused me to take Lacy. Expert rankings are an incredibly helpful *guide*, especially when you're stuck, but just remember: This is your team. Trust your gut.

5. Not having enough players in your queue

I'm usually really good about this. I pride myself on taking almost no time between picks because I'm always ready with whomever I want to draft. But last year, the guys drafting on either side of me were just in my head. It was uncanny. With four picks to go before my turn, I'd have four guys in my queue. They'd all go, and I'd be stuck taking my full 90 seconds trying to figure out what I was supposed to do.

Have some alternate picks ready. A bunch. Or, figure out a way to draft around people who like bad players. Maybe failing to do that should have been one of my 10 things.

6. Losing focus

This one is NOT MY FAULT! I'm the commissioner of one of my leagues. Although it's been going for roughly 10 years with the same owners, the league consists of friends I've made through various walks of life. In other words, each of the other 11 owners is probably closer to me than he is to any other owner in the league.

It's wonderful to feel loved. Except when guys are calling/texting/using the chat box in the draft room to talk to you about the draft. We legitimately have MONTHS to talk about the draft, so there's probably a better time to do it than in the few minutes you have between picks. It's not happening this year. I'm focusing entirely on my draft. Will I lose some friends? Several. Is it worth it? Darn right.

7. Getting caught up in a position run

Even now, when I'm old, gray and decrepit, I somehow still make this mistake sometimes. A position run comes, and even though I'm not ready to take my second RB and prefer several wide receivers, I jump because I feel like I'll miss on everyone.

Drafting a good fantasy football team is largely about value. Yes, it can be unsettling to see a lot of good players at one position go off the board. But that just means that there will be plenty of good players at other positions waiting for you. Stick to your board.

Note: I had my wife proofread this section. She'd like to change the above description of me to "sort of old, starting to go gray and adequate looking." So, make that adjustment, please. Thanks.

8. Avoiding players based on personal grudges

Every person reading this article knows what I'm talking about. You invested a high draft pick in a player the previous year, and he completely let you down, leading to a less than stellar eighth place finish. Forget it, that guy is on your do not draft list, right? Never again!

Sigh, we've all got to let it go. Bad seasons happen sometimes, and you're doing yourself a disservice if you refuse to draft a player based on something that happened last year.

So, Larry Fitzgerald, because I know you're reading this, please accept my apology for not drafting you last year despite seeing you last way too long. I realize that my refusal to draft you gave you great motivation for your fantastic rebound season. So, I'd say we're even now, yes?

9. Refusing to draft a QB early

I'm not saying I'm going to draft a QB in the first or second round this year. I'm just saying that I'm not going to definitely avoid it. I'm very much of the school that in a one-QB league, as my draft leagues are, I want to be one of the last guys to take a QB. Because when you can get Tony Romo or Philip Rivers eight or nine rounds later than Andrew Luck or Aaron Rodgers, it seems like a wise strategy.

The only problem is that gone are the old RB-RB days, where you had 12 to 15 safe running backs who you needed to make sure you got and on whom you could count for 1,000 yards and 10 TDs. These days, you get about midway through the first round before question marks start popping up. You need talent, and it really doesn't matter what position. And, oddly enough, my best teams always seem to be the ones when I randomly drafted a QB early, even though I usually hate those teams out of the draft.

So, this year, I'm going to be open to drafting a QB early, if it makes sense for my team. And yes, I realize that Luck had a terrible year. I'm not saying the strategy is going to work! I'm just going to be open to it!

10. Overthinking bye weeks

Really? Did I pass on Jarvis Landry just because I had Brandon Marshall and Jonathan Stewart and didn't want to cripple my team with all those guys having a Week 5 bye? I

won't tell you who I drafted instead, but let's just say his name rhymes with Melson Magholor. It did not end well.

Just don't worry about it. Yeah, ok, if you have like six guys on the same bye week, you might be in some trouble. But you've got at least a few weeks before you need to worry about it. Just go with your guys, and forget the bye weeks. Besides, losing 120 – 45 in that week with all your byes would be kind of funny.

So, there you go. There are 10 mistakes I won't be repeating this year. But, if you take away only one thing from this article, remember. "Rocky IV." I mean, the guy climbs an actual mountain in a classic training montage in his effort to avenge his best friend's death. You will not have a bad draft after watching it. Literally impossible.

5 FANTASY FOOTBALL AUCTION DRAFT TIPS

By: Dan Harris (@danharris80)

Alrighty, so we're sitting down for our auction. Uhhhhhhhhh, what do we do now? Well, shoot. There are legitimately hundreds of things I could write here about what you could or should be thinking about doing during an auction. But, since I want you to be able to finish this article before football season ends, I'm just going to give you some quick hitters. These are the best strategies/lessons I've learned from years of purchasing football players for fake teams with fake money.

1. Forget last year's auction

I'm in this really cool, hyper-competitive two-QB league. In my first year, not only were prices for QBs insane, but they were all nominated super early. I'm not joking when I say that of the first 24 nominations, maybe 18 were QBs. I wound up overpaying for both of my entirely mediocre QBs, just because the options were getting a little slim and I didn't want to get left with Geno Smith as my QB1.

So, the next year, I made sure that I was not going to make the same mistake twice. I got my two QBs pretty early and for really good prices compared to the previous year. Except, it turns out that QBs as a whole weren't nominated early. And they didn't go for a lot of money when they finally did get nominated. It was the exact opposite of the previous year, and I wound up being the guy who, once again, really overpaid for my QBs.

The league had the same owners and the same league parameters. So why was the QB market so different from one year to the next? It's simple, really. Because it's an auction! They're just unpredictable animals.

You can certainly learn lessons from a previous year. "Man, I guess Mike will just pay a premium for all Steelers, huh?" "Shoot, I guess I shouldn't have had a few beers before it started..." Never assume that this year's auction will play out like last year's. That's a recipe for disaster. Or, if you're like me, it's a recipe for vastly overpaying for QBs.

2. Nominate players you actually want . . . sometimes

This is one which there's a lot of debate. I've read articles saying you should never nominate players you want and I've read articles saying you should always nominate players you want. The truth is, whether you're nominating players you want or not depends entirely on timing and what you're hoping to accomplish with that particular nomination.

Here's an example: Last year, there was a lot of hate going on with Marshawn Lynch going into draft season. After looking over my auction values carefully, I figured that my best strategy was to go heavy on wide receiver and avoid the top 10 RBs, who I thought would all go for more than I had valued. Except, I thought there was a chance I could nab Marshawn Lynch at a discount. So, I figured I would try to get Lynch if he came at the reasonable price I expected and, if not, I would go to Plan B and make sure to try to get a top-3 wide receiver.

So, what should I have done with my first nomination? Well, I could have tried to nominate an elite RB who I knew I wasn't going to bid on in the hope of getting others to fill their RB slots and get some money off the table, clearing the way for me to purchase Lynch. But, suppose I did that, and Lynch didn't get nominated for several rounds. In that scenario, I risk losing out on my Plan B because I'm passing on the wide receivers while waiting around for Lynch. And suppose when Lynch comes up, a couple of other guys are high on him. I've either missed out on both Lynch and my Plan B, or I've wound up wildly overspending for Lynch, which kind of goes against my whole strategy. Suddenly, my auction is in shambles.

In that situation, my best bet was to just get Lynch out there as early as I could. I needed to know if I was going to get him, because it affected the rest of my auction. If I didn't get Lynch at the discount I wanted, I would know to get in on the bidding for the top wide receivers (which, incidentally, is what happened).

Another benefit to nominating a player you want early is that you can often set the market at a time when some owners might be a little gun-shy. Auctions usually take a little while for everyone to feel like they have a good handle on the market and on price points for the various positions. If you get out there before the market is fully formed, you can often get a bit of a discount.

There are plenty of other times, however, when you're going to want to nominate players you definitely don't want. For example, you may be low on cash and just desperate to get some money off the table to even the playing field. Or, you may want to make sure other owners fill an area of need so that you can grab that sleeper you really want. Or, you may just be dead set against spending big on running backs, so let's just keep nominating some studs and wiping \$40-\$50 off the table with each one.

So, basically, it's all in the timing, and it's all about what you want to accomplish at the moment your nomination comes up. The only word of caution is that if you have a history with your league, don't always go one way or the other. If everyone knows you only nominate players you want, that will put you at a disadvantage. Particularly if your auction nemesis price enforces any player he thinks you might actually be interested in. Don't be cute, you have an auction nemesis and you know it. There's no shame.

3. Have a general budget by position

As I mentioned above in the Lynch example, it's fine to target certain players if you think you can get them for values that you like. Understand, that is very different than saying, "I'm walking out of this auction with Eddie Lacy no matter what." Never do that. Target players who you like and for whom you think you can nab at or below your value.

But really, more than budgeting for specific players, you want to be budgeting for *positions*. Let's say you had Peyton Manning last year and he torpedoed your season. You're really gunning for a top-2 or top-3 QB this year, and you think you should be able to get one for around \$35. Great, so now you're budgeting \$35 for your top QB.

But, suppose those top QBs aren't nominated for a while. And, while you're sitting there with your full auction budget, you jump into the bidding and lock up a couple of solid RBs for around \$80 total. But suddenly, considering you're still going to be spending that \$35 on your top QB, you've got nothing left for wide receivers. That's a really dangerous realization to have midway through an auction.

So, you need to have a general breakdown per position of how you want to spend your money. That breakdown I just mentioned above is fine, but you just need to know in advance that you might only be spending \$30 total on your wide receiving corps. If not, things are going to get out of hand quickly.

Here's an abbreviated version of the chart I bring to every auction:

POSITION	PRICE	PLAYER
QB	35	
QB	10	
RB	40	
RB	25	
WR	35	

When I purchase a player, I write in his name in the "player" column and, if necessary, adjust the price. If I adjust the price, that means that I need to adjust another position's price, in order to make sure that the total of my planned expenditures always equals my budget (I usually use excel and the SUM function, which allows me to always see the total of my planned buys). This is an easy way to see how much I'm planning to spend

on each position as the auction goes along and to make sure my plan fits within my budget.

4. Stay cool

“I don’t really want Travis Kelce, but I’m not going to let him go for \$10 when I have him valued at \$14. I’ll bid \$13. Going once . . . I’m gonna get him . . . Going twice . . . oh man, wow, I’m getting Kelce . . . AAAARGH! I thought I had him at \$13 and stupid Matt swooped in and bid \$14 at the last second. Man . . . Whatever, I’ll go \$15. Going once . . . going twice . . . Matt again! He keeps waiting until the last second and jumping in. Ugh, this guy. I’m not letting him have Kelce now. \$17!”

It’s called a bidding war, and it’s going to happen. Before you know it, you’ve blown past your value for a player that you probably didn’t even want in the first place. There’s a reason I spent so much time on the preparation part of this article – you have values for a reason. Sure, you can price enforce if a player is going for way under his value. But, you need to keep it within the confines of your actual value – don’t go past a price you would have felt comfortable purchasing that player before the auction started.

With that said, you can’t exactly be a slave to your values either. The cardinal rule of an auction is not to leave money on the table. If things went south somewhere, and you’re sitting without a running back and there’s only one second-tier back left, you pretty much need to walk away with that player. So, the fact that the bidding might go to \$18 when you’ve got a value of \$17 is ok. That’s a situation where pushing it a bit is fine.

The bottom line is not to get too caught up in anything. You missed out on a player because someone stole him at the last second? Take your five seconds to poke the voodoo doll you keep of that owner (wait, just me?) and move on. Freaking out that you think you’ve missed out on your main targets? Relax. You’ve got your auction sheet, you know who the best player left at each position is. Stay cool. Always.

5. Keep track of rosters

This is my final and least favorite tip because it’s really, really hard. You’ve got enough going on at an auction without worrying about how much money or how many unfilled roster spots your opponents have left. But, if possible, you should keep track of your opponents’ rosters and remaining budgets. The [Draft Wizard Assistant](#) can help with this. If you prefer pen and paper, I usually just make an excel spreadsheet with a column for each team, with another column right next to it for the price spent. I then just put an X or write the player’s name when someone is purchased, and put in the price (usually with a formula that will automatically deduct that amount from the team’s budget so I know how much is remaining). Here’s a shorter version of what it looks like:

	FRANK		RUSS	
QB	X	\$31		
RB			X	\$50
RB			X	\$26
WR	X	\$35	X	\$41
WR				
TE	X	\$7		
K			X	\$1

This really comes in handy toward the end of the auction when you're looking for your sleepers or trying to sneak someone through. If you know only one other team still has a WR spot to fill and has \$5 left, you want to wait to nominate that sleeper wideout you've been targeting until you know you've got at least \$1 more. Again, I usually just use an "X" rather than writing in the name. I just want to know who has a remaining spot, I don't want to know how much better Frank's team is.

Ok, there you have it. Yes, there's more we could discuss, but that's my basic auction strategy manifesto. Let's be clear. I still have a bad auction sometimes. Every fantasy football analyst does. But here's the thing. I no longer have auctions where I don't know how to deploy the parachute. What I mean by that is that although I have auctions that don't go exactly according to plan, I'm never panicking, and I always see an avenue to save it while it's going on. So, while I may not always love the results of every one of my fantasy football auctions, I always leave the auction knowing I've got a team good enough to win. Follow a lot of what I've said above, and I'm pretty sure you will too.

THE ABCS OF IDP: PREPPING FOR THE DRAFT

By: Alexander Onushco (@Dynasty_AI)

After dipping your toe in the water and playing in a few offense-only fantasy leagues, you've decided to cannonball your way into the deep end and take a shot at your first Individual Defensive Player (IDP) league. Two things:

1. Congratulations, you are playing fantasy football the way it was meant to be played.
2. Don't worry, it isn't as daunting as it may seem.

(Queue inner infomercial pitchman) In fact, you need only take a few preparatory steps to crush your IDP draft this season. It's as easy as ABC.

A. Understand your league's scoring and starting lineups

How much weight does your league place on IDP scoring? How many IDP players can you start? Is it tackle-heavy or does it favor big plays? These are the kinds of questions you need to ask yourself prior to drafting.

In regards to the first question, understanding how important IDPs are in relation to offensive players will help determine where you should start drafting them. If the top linebackers, defensive linemen and defensive backs score close to the same as the top quarterbacks, wide receivers and running backs, then you should be looking to start drafting a few of them in Rounds 3 or 4. If not, feel free to wait on them a bit while you stockpile talent on offense. Similarly, knowing how many IDPs you are required to start will help in this regard as well.

Focusing solely on defense, you also need to understand what types of stats are prioritized in your league. Most leagues like to use tackle-heavy formats, but there are a few that place a greater emphasis on big plays such as sacks, interceptions and forced fumbles.

As an example, let's compare two of last year's most productive IDPs: Jacksonville Jaguars linebacker Telvin Smith and Houston Texans defensive end J.J. Watt.

- **Telvin Smith:** 128 tackles, 2.5 sacks, one interception, two forced fumbles
- **J.J. Watt:** 76 tackles, 17.5 sacks, three forced fumbles

Let's also assume the following scoring formats:

- **Tackle-Heavy:** Tackles = 1.5pts, Sacks/INT/FF = 3pts
- **Big Play:** Tackles = 1.5pts, Sacks/INT/FF = 6pts

In the tackle-heavy format, Smith (208pts) out-scored Watt (175.5pts) and therefore represents the more valuable asset. In big play formats, however, Watt (237pts) gets the better of Smith (225pts).

Understanding the scoring will help you better identify which players to target over others.

B. Know which teams play in what alignments

This plays into Step A, as it will help you determine which players have the best scoring opportunities in your league.

In general, teams either play in one of two defensive alignments; 3-4 or 4-3. Understanding which teams play in what alignment will then allow you to better identify a player's position and role on defense. This is most often used to help discern which linebackers and defensive linemen to draft.

While it varies from team to team, you can use the following as a generic guideline to follow:

3-4 Defense

- DL: Used primarily to stop the run and aren't often a good source for sacks.
- OLB: Sack specialists who typically focus on getting after the quarterback.
- ILB: Run-stuffers who can also be asked to drop back into coverage on passing plays.

4-3 Defense

- DL: Sack specialists who typically focus on getting after the quarterback.
- WLB: Hit-and-run linebackers who are frequently asked to drop into coverage.
- MLB: Defensive signal-callers who play the run and are occasionally asked to cover.
- SLB: Cover tight ends occasionally get after the quarterback.

Combining steps A and B, it makes sense to target 3-4 ILBs and 4-3 WLBs/MLBs in tackle-heavy formats, as they typically get the most opportunity to post tackles. Similarly, you will want to target 3-4 OLBs and 4-3 DLs in leagues that heavily favor sacks.

C. Study depth charts

Using the first two steps in this article, you should be able to draft obvious studs at each position to help anchor your defense. But unless you are playing with total rookies (aka

people who haven't read this article), you aren't going to be able to draft a stud for each starting spot in your lineup.

That's where studying depth charts come into play.

Each year, many relatively unknown defensive players come out of nowhere to post difference-making fantasy stats. Knowing team depth charts inside and out prior to drafting will give you a much greater chance of snatching these sleepers up before any of your fellow league mates.

Had you heard about Oakland Raiders WLB Malcolm Smith prior to last year? Probably not, given that he posted just 37 tackles in 2014 as a member of the Seattle Seahawks. But those few who recognized that Smith had a real shot at significant playing time as a newly-signed member of the Raiders in 2015 were rewarded with a breakout season where he posted 123 tackles, four sacks, an interception and three forced fumbles.

Who will be this year's Malcolm Smith? The only way to know for sure is to keep a close eye on depth charts as we get closer to the start of the 2016 season.

THE 10 FANTASY FOOTBALL COMMANDMENTS

By: Dan Harris (@danharris80)

You know, after we settle down, get married, and add the two-and-a-half kids and the dog, we have a tendency to forget some of our old flames. Sure, there were good times in your teens and twenties, but who can remember his or her former life before real world responsibilities?

But I have one old girlfriend that I will never forget. Don't ask me why, but her parents had this enormous lunch party every Sunday. I mean, fancy sandwiches, bow ties, the works. And this girl, let's call her Laura, knew it was crazy, and she also knew I loved fantasy football. She wanted to help me out, but she refused to lie to her parents, and apparently she thought "fantasy football" was an inadequate excuse. So, for many Sundays, I sucked it up, ate some meatless food that I couldn't pronounce, and wore my clip-on bowtie.

One Monday night, I was watching the final football game of the week and was in an insanely close fantasy football matchup. I desperately needed a Reggie Wayne touchdown, and said something silly, like "Please God, let this throw go to Wayne." Laura overheard me, and boom. Every Sunday from then on, Laura could accurately tell her parents that I was unable to attend the Sunday luncheon because I was attending "religious services."

I know what you're thinking – I should have married that girl. I know, but if you met my wife, you'd understand why I didn't. However, Laura and I have kept in touch through the years, and I'll dedicate this article to the only non-fantasy player I know that understood that fantasy football was my religion. So, Laura, in your honor, here are my 10 Fantasy Football Commandments. As was ordained several thousand years ago, the first five pertain to drafting, while the second five go to in-season management.

1. Thou shalt know thy league's settings

Legitimately, every single year, someone in one of my long-time leagues asks in the chat room during the draft, "How many RBs (or WRs) do we start?" Let's put aside the fact that the draft room actually has the starting spots we need to fill staring us right in the face. How do you possibly enter a draft without knowing exactly how many of each position you need to start? I get it, many of us, myself included, have several leagues. But come on. You can't expect to seriously compete for the top prize absent knowing your scoring system, your starting requirements, the number of roster spots, the number of teams, and the free agent periods. It's the first commandment, and it is a must.

2. Thou shalt mock until you can mock no more

My best friend always names his team, "Mocked and Loaded." I find it incredibly clever, and, at the same time, incredibly ironic, because he rarely does mock drafts and his real

one's kind of stink. Mock drafts and mock auctions are a necessity. You can test out strategies. You can see the general dollar value or pick that the fantasy community has attached to every player. Most importantly, you can just get used to the flow and feeling of how your draft or auction will play out. You will never leave your real draft saying, "Darn, I never should have done all those mock drafts." Of course, we can help with our free Draft Simulator.

3. Thou shalt wait on thy quarterback

As I wrote here, the strategy of waiting on QBs and streaming throughout the season is a great one. I know that it's boring to wait on QBs, but in single-QB leagues, it is without question the best way to go. While other players are filling up their QB spots in the early rounds, you can just gobble up all the running backs and wide receivers. And, unlike those positions, it's rare that anyone drafts a backup QB before filling out their other starting spots. Plus, there are always plenty of QBs available throughout the season on the waiver wire. In other words, you can (and should) be one of the last owners to draft your QB, and be prepared to ditch him for streaming options throughout the season. Your team will be better for it.

4. Thou shalt not underestimate the need for running back depth

Yes, yes, of course. Wide receivers are more important than ever, and the old days when running backs ruled the world are over. But running backs get injured quite a bit more than other players just by the nature of the position. Your starting RBs are not going to survive the entire season, and you're going to need depth. Even if your roster stays healthy, others' won't, and you'll be in prime trading position. When I leave a draft, the first thing I think about is whether my starting lineup looks strong. The second is do I have good running back depth. If the answer to either is yes, I know I'm in good shape.

5. Thou shalt not draft a defense or kicker until the last two rounds

Sure, every once in a while, a Seattle or a Chicago defense goes absolutely nuts, and the person who drafted them essentially got the equivalent of another stud running back. But for the most part, a) even the top defenses don't score all that much consistently, and b) you can always stream defenses based on matchup. So, there's no reason to take one before the second to last round. And kicker, seriously. They're nearly a complete crapshoot. If you take a kicker before the last round, something has gone wrong. Or you're related to Adam Vinatieri or something, in which case, you have my permission to draft him in the second to last round, and draft your defense in the final round. This is the lone exception to the fifth commandment.

6. Thou shalt trade like a gentleman (or gentlewoman, of course)

Ok, so a few things here. First, you want to make a trade offer? Great. Do not start with an awful, lopsided offer that has no chance of being accepted. That will always start your negotiations off on the wrong foot. You don't have to lead with your best offer, but at least make a legitimate one. Second, nothing is worse than making a trade offer and

not getting a reply. Reply to any and all trade offers, even if it's just with a straight rejection. Third, never, and I mean never, make or accept an offer involving an injured player when your trading partner will get screwed over. The fantasy gods are real, dudes, and they are watching. Play nice.

7. Thou shalt separate thy real team from thy fantasy team

This one's a toughie. Even I admit that I've let out the occasional mild fist pump when Tom Brady is on my fantasy team and he throws a touchdown against my Jets. But really, your real team comes first. Never root for your fantasy team at the expense of your real team. Sure, you can root for a 45-42 victory, where your fantasy QB torches your home team in a losing effort. But let's keep it in perspective, people. Fantasy is just a game. Football, on the other hand, is . . . shoot. Well, ignore that last part. Just back your real team. They'll still be around next year, but you'll have a brand new fantasy team.

8. Thou shalt remain active on the waiver wire

Much more so than any other fantasy sport, fantasy football is about refining your team throughout the season with free agents. There are going to be injuries, either to players on your team or other teams, and your ability to grab a key replacement is vital. Even if your roster is healthy, you need to keep valuable free agents away from your opponents. BUT, that does not mean to constantly pick up free agents and drop them to keep them on waivers. That's just bad form.

9. Thou shalt start thy studs

We all have a tendency to get a little too cute sometimes. Sure, there is the occasional week when one of your stud players is nursing an injury and has a terrible matchup, in which case you may need to start a bench player. But don't go crazy based on a hunch. You're reading this article, so you know that FantasyPros is your place to go for your weekly expert consensus rankings. If you've got a one or two spot difference and you have a strong feeling, go for it. But otherwise, don't get too cute. Use the rankings and start your studs.

10. Thou shalt play out the season

You know that awful feeling when you need to win your final matchup and have another team lose in order to grab that last playoff spot, and you check his matchup and see that his opponent is starting two guys on IR? Don't be that owner. I understand that missing the playoffs stinks, and I'm not saying you need to keep going crazy on the waiver wire. But set your roster, check your team, and make sure you give yourself a fighting chance each week. Your league-mates, and the fantasy gods, will appreciate it.

So, there you have it. Obey them, and find success. And Laura, if your parents ever ask, please let them know that I still attend religious services every Sunday, and plan to do so without fail for the rest of my life (at least in the fall and most of winter).